



## CAMP INFORMATION

WEST LA MEET POINT

Peninsula Bay Cities | PO Box 5229 • Palos Verdes, CA 90274 | (310) 541-3664

### MEET POINT AND CAMPER CHECK IN:

**Monday, August 5, 2019:** We will depart from Jackie Robinson Stadium in Westwood. It is located at 100 Constitution Avenue. Take Sepulveda Blvd. approximately ½ mile north of Wilshire Blvd. Turn west onto Constitution Ave. under the freeway. Stadium parking lot will be approximately one block, on the right side.

**Check-in will begin at 9:15 AM** with departure at 10:00 AM. Please check-in your child and all medications (**see medication information below**) at the check-in table. The supervision of campers prior to check-in is the parent's responsibility. **Please do not arrive before 9:15 AM.**

### REQUIRED on the bus:

Small day pack (backpack)

Reusable water bottle (Camp water bottles purchased will not be available until arrival at camp)

Optional Spending Cash (6-days: \$40 / 12-days: \$80 will be collected while en-route and checked out as needed. Small bills appreciated!).

We will stop for lunch en-route. Please pack a lunch or provide money to buy lunch at McDonald's or Subway.

Optional snack for the bus.

Camp is a place to build friendship, trust, and be free from harassment. Our campers build each other up and support one another. Campers will be oriented to the rules of camp to include health, safety, and the rights of others while in transit to camp. Please review the following with your camper prior to check-in:

1. Campers are to remain seated, facing forward with seatbelts buckled and properly tightened. Shoes are to be worn at all times.
2. Be polite. Be supportive. Be a friend. Teasing, annoying, or disturbing others, including loud noise and shouting, is not permitted.

### CAMPER RETURN:

We will return to the same location. Parents should plan to pick-up campers at the specified time below. If the vans will be more than 30-minutes late to the stop, then all parents will be notified. The supervision of campers after check-out is the parent's responsibility.

**12-Day Session** returns Friday, August 16 between 4:45 - 5:00 PM

**6-Day Session** returns Saturday, August 10 between 3:00 - 3:15 PM

### MEDICATIONS:

All prescription and over-the-counter medications must be checked in. Campers do not carry their own medication.

**Over-the-counter:** Please provide written instructions for distribution for all over-the-counter products.

**Prescriptions:** All prescriptions must have written instructions from a physician (the original prescription bottle or container is required).

If **multiple medications** (3 or more) are to be taken at camp, please place them in presorted medication boxes available at drug stores. Use containers that are marked with each day of the week and then mark your child's name on the box and the time of day to be given (i.e. AM, PM, EVE, BEDTIME). Place all medications in a large zip lock bag and turn them in at check-in. Provide all necessary descriptions of medications on the medical form and notify the camp with any medication needs **prior** to departure. Medications are distributed at the following times: AM (Breakfast 8-8:30 AM); PM (Lunch 12-12:30 PM); EVE (Dinner 5-5:30 PM) and BEDTIME (9-10 PM). Please contact our office with any questions.

**Medical Information:** We want to assure you that we take excellent care of the children in our program and that medical attention is rarely necessary. In the event that an injury requiring a physician is necessary, we will contact you. In the event of illness, we will contact you if the camper illness requires a physician or lingers more than 48 hours. Small ailments such as headaches, sore throats, stomach aches, etc. are cared for and treated appropriately along with lots of TLC!

### SOCIAL MEDIA

The Sierra Sleep-Away is on Facebook and Instagram. "Like" us to stay informed on updates, announcements and information as we get closer to camp...then, daily at camp, we will share pictures! Get a glimpse of the daily happenings at camp. Be sure to follow us so you don't miss out!



[www.facebook.com/sierrasleepaway](http://www.facebook.com/sierrasleepaway)



[www.instagram.com/sierrasleepaway](http://www.instagram.com/sierrasleepaway)

**OVER**

## REMINDER: SNACKS & FOOD MAY NOT BE BROUGHT TO CAMP.

Due to small animals and the health of our campers, it has always been a requirement that all food be locked up in camp. Squirrels and other small animals will chew through a tent, sleeping bag, luggage, or back pack to get to the food. However, over the last few years the food and snacks have been problematic when it comes to storage, excess food consumed, food being left in tents and trash around camp. Therefore, food/snacks are not permitted in camp. But not to worry....campers have plenty of opportunity for some tasty treats! They are provided with dessert every evening and they also have plenty of opportunities to purchase snacks and food as part of camp outings. They get plenty! Gum is not allowed in camp at anytime. Campers may bring one snack and small treat aboard the bus to eat on the way to camp.

## STAYING CONNECTED

**Mail:** Our campers LOVE getting letters and cards and hearing from family and friends! TIP: If parents would like to receive mail from your camper, make it easy and pack pre-addressed and pre-stamped envelopes!

**Care Packages:** Campers enjoy receiving mail and care packages. However, we MUST manage the amount of “stuff” that comes to camp. **Please do not send food of any kind.** This includes gum. Campers who receive multiple care packages or too much stuff, tend to throw away the majority of the items. Here is the recommendation:

- 6-day session: 1 care package; 12-day session: maximum of 2 care packages.
- Keep it simple! Send one or two items only (magazine, small trinket or game, money)
- **Food is not accepted in camp mail.** All packages will be opened by staff and all food/snacks/candy will be discarded.

Campers will have plenty of opportunity for treats. In addition to evening desserts, there are occasions when campers may buy treats when off-site. Mail will be delivered daily and may be sent to the following address:

### Standard Mail or USPS:

Camper Name C/O Sierra Sleep Away  
Recreation Point Group Camp  
General Delivery  
Bass Lake, CA 93604

### To Mail via UPS or Fed EX

Camper Name C/O Sierra Sleep Away  
Recreation Point—Scout  
40055 Road 222  
Bass Lake, CA 93604

**Telephones/Voice Mail:** Camp is a wonderful opportunity for campers to develop independent living skills. The first few days of camp are very important as campers are becoming acclimated to their new surroundings and camp life. Campers may not call home, so please do not offer that as an option. Be rest assured, we will contact you if there are any issues or needs. We also have a voicemail system for parents. If you have a question that needs to be answered by a Director or Staff person, please call: (310) 541-3664 to leave a message. The voicemail is monitored throughout the day.

**Urgent Matters:** The Directors are very active in all camper programs and activities. While cell phones are carried, they do not always have service in all areas of camp and we may not be available to return the call immediately. Please call the camp line: (310) 541-3664. Urgent calls will be returned as soon as possible.

## ELECTRONICS:

We understand the importance of music and electronics, however, we firmly believe that camp is a place to become “unplugged” and for campers to enjoy the outdoors. Simply put, electronics are a distraction and not appropriate for camp. Therefore, electronics are not permitted. This includes all cell phones, electronic games and devices, etc. Any electronic item brought to camp will be collected and stored. The camp will not be responsible for loss or damage.

## CELL PHONE POLICY:

Camp is a place to make friends, try new activities, learn skills and gain independence. This goal makes it difficult to achieve if campers are texting friends and calling home. Cell phones are distracting and disruptive to the camp community. In addition, they can be lost or damaged. Therefore, cell phones are not needed. If there is a need to bring a cell phone because of out of area travel or some other need then cell phones brought to camp MUST be turned off, checked in and will remain locked up upon arrival. The camp is not responsible for loss or damage. We will contact parents if there are any needs or issues.

## MISCELLANEOUS EQUIPMENT:

The camp will provide all equipment. There is no need to bring additional equipment. It is best not to bring expensive items to camp as they can be lost or damaged. Campers may not bring animals, sharp objects, weapons, alcohol or drugs to camp. If such items are brought into the camp vans or on camp premises, then a Director/Staff will confiscate such items. Personal belongings are subject to search. Parents will be notified and immediate suspension or possible expulsion will follow. Camp tuition will not be refunded.



Celebrating our 50th Summer @Bass Lake!